

Biography of Dr. Alicia Brown

Dr. Alicia Brown, doctor, author, speaker, entrepreneur, mom, and wife, stands at the forefront of natural and holistic health solutions. With training in clinical neuroscience and a degree in chiropractic neurology (functional neurology), she leads the efforts at Better Brain & Body, a woman-owned functional neurology clinic and human optimization center in Charlotte, NC, founded in 2010.

Better Brain & Body is a holistic medical clinic specializing in helping people achieve their full potential of optimal health and performance through non-invasive and state-of-the-art therapies and technologies. With a passion for transforming lives through alternative medical practices, Dr. Brown has devoted her career to enhancing well-being and unleashing human potential by tapping into the power of our brains.

Dr. Brown graduated high school early at age 15 and became a massage therapist at 17. A proud Tar Heel, Dr. Brown graduated from the University of North Carolina at Chapel Hill with a Bachelor of Arts in Biology. Dr. Brown then earned a Doctorate of Chiropractic degree from Life University in Atlanta, Georgia. Throughout her dedicated educational journey, she displayed an exceptional aptitude for understanding the intricate connections between brain function, neurological health, and physical and emotional health. This passion led her to specialize in functional neurology, a field combining traditional medical knowledge and practices with cutting-edge and non-invasive techniques designed to improve brain and body function holistically. After thousands of hours of post-doctorate work in clinical neuroscience, functional nutrition, traumatic brain injury (TBI), and neurobehavioral disorders in children, she became a board-certified chiropractic neurologist (functional neurologist).

Dr. Brown's interest in health ignited at a young age while her father studied to be a chiropractor. The legendary Ted Carrick, the founder of functional neurology, inspired her father, prompting him to share the latest innovative health solutions Dr. Carrick shared with Alicia and her siblings. Naturally, Dr. Alicia Brown was interested and decided to pursue a career in health and healing at a young age.

As the driving force behind Better Brain & Body, Dr. Brown exemplifies a commitment to patient-centered care. With a deep-rooted belief in the power of individualized treatment plans, she harnesses her expertise to design solutions tailored to each patient's unique needs. Her empathetic approach and comprehensive understanding of the brain-to-body connection have earned her a reputation as a caring and visionary provider of life-changing healing and health-optimizing guidance.

Under Dr. Brown's leadership, Better Brain & Body redefines traditional medical care. The center's primary objective is optimizing human potential and enhancing overall well-being through non-invasive brain and body-based approaches. Dr. Brown and her team curate an integrative approach that fuses therapies, technologies, and health practices to create a holistic

environment for healing and growth. Her commitment to pioneering new solutions ensures that patients are treated and thrive in the long run.

Dr. Alicia Brown's journey in pioneering alternative healthcare is a testament to her unwavering commitment to advancing holistic medical treatments and optimizing human potential. As the lead doctor of Better Brain & Body, she continues to break new ground in functional neurology, empowering individuals to unlock their inner best selves for health, happiness, and vitality.